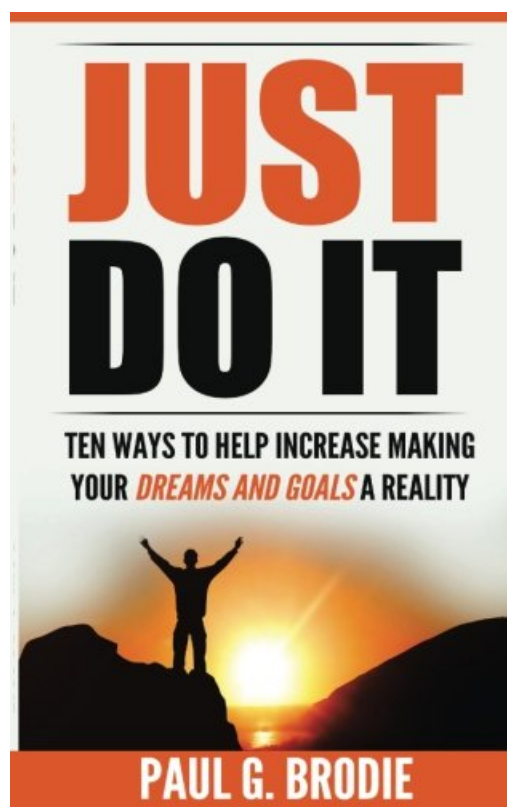


[PDF] Download Just Do It: Ten Ways to Help Increase Making Your Dreams and Goals a Reality (Paul G. Brodie Seminar Series Book 4) Read Online



Book details

- Author : Paul Brodie
- Pages : 76 pages
- Publisher : CreateSpace Independent Publishing Platform 2016-11-16
- Language : English
- ISBN-10 : 1540446239
- ISBN-13 : 9781540446237



Book Synopsis

Just Do It: Ten Ways to Increase Making Your Dreams and Goals a Reality (Part of the Paul G. Brodie Seminar Book Series) shows how you can change your mindset and increase your making your dreams and goals a reality. What if a few new habits could increase the chances of achieving your dreams? What if you could increase the likelihood of making your goals a reality? Imagine waking up in the morning feeling happy and ready to achieve your dreams and goals. Amazon bestselling author, Paul G. Brodie, in his seventh book, covers ten ways to help increase making your dreams and goals a reality. Here are a few things that you will get out of Just Do It. In this book, you will learn. • How to Seize the Day • How to Start a New Chapter in your life when necessary • How to take the First Step towards achieving your goals • How to Achieve Your Goals • How to Get to Work when things start to go wrong • How to Fight Through Adversity to accomplish your dreams and goals • How to Eat Less and Move More and the importance of a healthy lifestyle to help accomplish your dreams and goals • How to understand the importance of Monotasking • How to Choose Life and have the Correct Mindset • BONUS: Questions at the end of each chapter to help to increase making your dreams and goals a reality Buy this book NOW to increase making your dreams and goals a reality and stop feeling negative and stressed out Pick up your copy today by clicking the BUY NOW button at the top of this page! To get access to the bonus materials and resources (all for FREE), be sure to visit: www.BrodieEDU.com